Doctor’s Advice

- Actively supervise all young children, even those who can swim
- Teach your children to swim, and how to safely dive
- Everyone must wear a personal flotation device (PFD) when boating or fishing (age and size specific)
- Get trained in CPR (Cardio-Pulmonary Resuscitation)
- Use pools that are fenced with locking gates
- Teach children these four water safety rules:
  - Never swim alone
  - Do not dive into unknown bodies of water, always enter feet first
  - Do not push, dunk, or jump on others
  - Know where to get help in case of an emergency

www.childsafetyeurope.org/watersafety

A EUROPEAN WATER SAFETY AND DROWNING PREVENTION CAMPAIGN
European Child Safety Alliance in partnership with Johnson & Johnson